



Chez Doris

2014-2015 Annual Report



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CHEZ DORIS

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Montreal, QC H3H 2A7

T: 514 937-2341
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Email: info@chezdoris.ca

OPENING HOURS

April 1 to October 31
7 days a week
8:30 AM – 3:00 PM

November 1 to March 31
7 days a week
8:30 AM – 4:00 PM

www.chezdoris.ca

Charitable registration number:
1018356841RR001

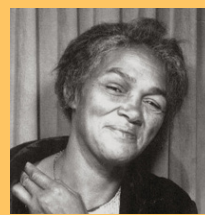


facebook.com/ChezDorisRefuge

Thank you to Phil Communications for their continued support with graphic design and marketing expertise.

At the heart of women's needs for over 38 years

Chez Doris is a charitable organization, which offers a daytime shelter, seven days a week, for all women in difficulty. The house provides meals, respite, clothing, socio-recreational activities and practical assistance in a secure and accepting environment.



This is Doris.

The inspiration for opening the day shelter came from a few honest words of a young woman trying to survive life on the streets. Her name was Doris.

Little is known about her life before coming to Montreal except that Doris was a sister, a friend and a mother to four small children. She was often described as a beautiful woman who was lively and generous. Doris gave up her life in Halifax and moved to Montreal.

Alone, impoverished and battling alcoholism, Doris soon became one of a growing number of destitute women trying to survive life on the streets. A community worker began interviewing women living on the streets of Montreal to determine their primary needs. When Doris was asked what help she felt would most benefit women living in her situation she replied: "A place to go without prying eyes and too many questions."

Shortly after the interview, on November 3rd 1974, the body of Doris was discovered. She was found in a shed near the streets of de la Gauchetière and St. Urbain. She had been raped, tortured, beaten and left to die. Four decades later, her murder still remains unsolved.

Doris never had the chance to find her sanctuary but her words have helped our day shelter provide refuge to women for over thirty-eight years. In honoring her memory, Chez Doris continues to offer a safe haven for women where no questions are asked. Our doors are open to all women in need, emphasizing inclusion rather than exclusion in our motto.

Thanks to the many generous partners in the community, the extraordinary volunteers and the staff, Chez Doris has grown over the years. We have developed and continue to develop programs and services in hope of providing the women with all the help and support they need.

MESSAGE FROM OUR PRESIDENT



Much has transpired since our last annual report. We are full of optimism for 2015-16 and are excited to share with you our accomplishments of the past fiscal year.

Faced with an ongoing and growing deficit, we closed our weekend operations from May 31, 2014 to January 31, 2015. As the only drop-in day shelter for women in difficulty, available seven days a week, the consequences of being closed on Saturday's and Sunday's were devastating - poverty and homelessness do not take a break on weekends. For eight months our clientele did not have ready access to washrooms, meals, telephones, and other respite services on Saturdays and Sundays. In August, we hired Marina Boulos-Winton as our Interim Executive Director and with much determination, outreach, and lots of proposal writing, we re-opened our weekend service as of February 1st. This was made possible thanks to the outpouring of support from new donors as well as existing donors who increased their usual annual grants. We are especially thankful to CN. As a new funder, their generous donation allowed us to re-open within two weeks, while we wait for future increased support from the City of Montreal, as well as from the Quebec Ministry and Health and Social Services. The Ministry's support will run over the course of five years with an aim to combat homelessness.

We have recently welcomed six new Board members. They are: Sylvia Martin-Laforge, Carole Croteau, Caroline Croteau, Mark Shalhoub, Lyn Lalonde Lazure, and Sonia Tournay. Collectively, they bring an expertise in government relations, media, finance and administration, human resources, marketing and fundraising. Pat Hardt and Pippa McIntyre, continue their valuable service on the Board. We thank Amélie Gaudet for her service as past Treasurer, as she guided us during challenging times. Two of our new members are CPAs. Their expertise is invaluable, and I am pleased to report that Chez Doris no longer has a deficit.

As well, Marina became our permanent, full-time Executive Director on April 1. She was made permanent on April 1. Please read Marina's message on the next page for an overview of our new programs, as well as plans for the future.

Talar Dikijian

Talar Dikijian, President



Thank you CN! From L to R: Gisèle Bernier (CN), Marina Boulos-Winton, Tania Filippone, and Tina Pisuktie

2014-2015 BOARD OF DIRECTORS

PRESIDENT
Talar Dikijian

**VICE-PRESIDENT
AND SECRETARY**
Sylvia Martin-Laforge

TREASURER
Carole Croteau

MEMBERS
Pat Hardt
Lyn Lalonde-Lazure
Philippa McIntyre
Mark Shalhoub
Sonia Tournay

EXECUTIVE DIRECTOR
Marina Boulos-Winton

STANDING COMMITTEES

Executive Committee
Personnel Committee
Finance Committee
Communications Committee
Fundraising Committee
Volunteer Committee
House Committee
Nominating Committee

Many thanks to all
our donors, volunteers
and staff for their
valued support.

MESSAGE FROM OUR EXECUTIVE DIRECTOR



I quickly fell in love with Chez Doris when I realized that many of its services are not only a necessity, but go beyond providing basic provisions such as food and clothing. For instance, in early 2015, we implemented a pilot program to place homeless women in permanent residences. Funded by Service Canada under the Homelessness Partnering Strategy, it includes financial assistance to set up apartments with furniture and household items. In two and a half months we successfully placed nine homeless women in apartments. Our emergency food bag program now includes specific foods to meet the needs of senior citizens as recommended by McGill University's Faculty of Nutrition.

We have services geared to meet the more complex needs of aboriginal women, including those who are incarcerated, and we now have a medical doctor who visits twice a month. Thanks to funding from Bell Canada *Let's Talk* and the ECHO Foundation, we can also bolster our mental health services.

Lastly, we were able to hire our first Coordinator of Volunteers. This allows us to gain access the skills of volunteers who can so richly enhance the quality of services for our clientele.

During the next fiscal year, we will initiate a careful strategic planning effort. Based on our resources, we must make the best choices for our most important stakeholders - the women we serve. We plan to evaluate and more clearly delineate the impact of our work in order to solidify the partnerships which help drive our mission. Concurrently, from a managerial perspective, our goal will be to modernize our establishment with updated technology - phones and computers - new kitchen equipment and renovated lavatories, in order to make the most efficient use of our space. Our 7,300 sq. ft. building, which we fully own, is mortgage-free and needs to be fixed as soon as possible. Because of our recent financial limitations, Chez Doris has been unable to carry out important repairs; it is imperative that they be done as soon as possible.

There will always be challenges in the work that we do, but the rewards are far greater. We invite you to learn more about Chez Doris, become involved and share in the rewards.

Marina Boulos-Winton, Executive Director



Marina Boulos-Winton, Minister responsible for Native Affairs, Geoffrey Kelley, Talar Dikijian



Pat Hardt (Board member), Marina Boulos-Winton, and Carole Croteau (Treasurer)



Marina Boulos-Winton and Ramesh Chawla (Rotary Club of Montréal-Westward)

OUR IMPACT



CORINNA

"When I started coming here my main struggles were mental health issues and domestic violence. As I got better I met more and more women at the center and one introduced me to the financial aid program. That is when things really started getting better for me."

STACY

"Chez Doris has helped me through so much. I really appreciate the staff, they have guided me through everything."



ANONYMOUS

"I am happy they are open on the weekends, I have found my home again."



ANDREA

"I have been seeing the doctor since she started here. She takes the time to talk with me and goes over any issues versus other doctors who brush me off. On weeks she does not come to the shelter, she allows me to visit her at the clinic if there are any emergencies."

VOLUNTEERS

In 2014-2015 volunteers donated over 2,500 hours to Chez Doris. Volunteers are an essential part of Chez Doris and the major reason we are able to offer so many great services. In the past year we have added some wonderful new activities, specifically ones that encourage the clients to incorporate physical activity into their routine. Nicole Rolland has started a successful yoga class that is held every Wednesday afternoon. Meg Feeney has recruited a group of Essentrics teachers that offer classes Mondays and on Saturdays. Essentrics is a dynamic workout that is often used by professional athletes, including our own Montreal Canadians. In addition, we welcome many onetime groups of volunteers that help put together special activities and help out during the major holidays. See page 15 for more details.



Westmount Rotary Club members Peter Starr and Nicola Elkins



Students from the Pensionnat du Saint-Nom-de-Marie



Nicole Rolland teaching a yoga class

HELPING US SPREAD THE WORD

The media plays an important role in supporting our mission; we would like to thank the following for their help: APTN • CTV • CBC • CJAD • Lapresse • Montreal Gazette • Huffington Post • Nunatsiaq Online • Global TV • Journal Métro • Journal de Montréal

STUDENT PLACEMENTS

At Chez Doris we are lucky to have partnered with many post-secondary educational institutions. Students from various schools receive ongoing supervision while completing part of their academic program at our organization. It has been a joy working alongside these dedicated students whose kind hearts and helping hands are always appreciated.



These last eight months at Chez Doris have truly been life changing. It has been very challenging, exciting, loving and most of all a rewarding experience. Working at Chez Doris will always be unforgettable.”

– Sabrina-Isabella Levin, John Abbott College

We would like to thank the following students for the 2,360 hours they have contributed to Chez Doris.

John Abbott College: Correctional Intervention

3rd year Sabrina-Isabella Levin 225 hours

Cégep Marie-Victorin: Techniques de travail social

3rd year Sarah Germain 630 hours

Dawson College: Social Work

3rd year Sabrina Ouellette-MacDonald 225 hours

1st year Naomi James 90 hours

McGill University: Faculty of Law

Katrina Daniels 100 hours

Megan Hodges 211 hours

Institut de Formation, Recherche, Animation, Sanitaire et Social (France)

Clarisse Roland 390 hours

Université du Québec en Outaouais:

Sciences infirmières

Marie-Savane Goyette 105 hours

Marie-Madeleine Hakdjouk 105 hours

Fabienne Somda 105 hours

Concordia University: Art Education

Jessica Paquette 32 hours

Ranya Saad 32 hours

Natassja King 32 hours

Chloé Martin 32 hours

École internationale de zoothérapie

Gabrielle Cousineau-Dupuy 15 hours

Adèle Banzet 15 hours

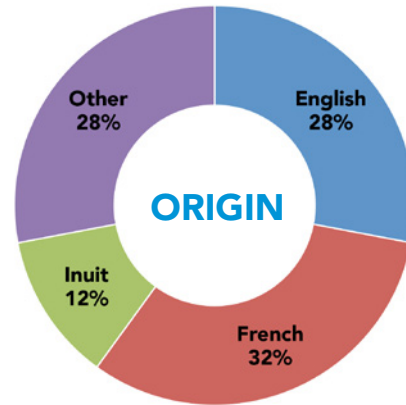
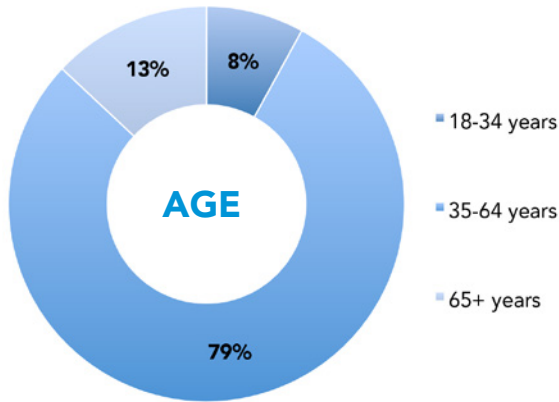
Mélanie Perret 20 hours

Marie-Belle Monchamp 7 hours

Thanks to the many volunteers, we are able to host a variety of activities each week, such as:

DIMANCHE SUNDAY	LUNDI MONDAY	MARDI TUESDAY	MERCREDI WEDNESDAY	JEUDI THURSDAY	VENREDI FRIDAY	SAMEDI SATURDAY
12 Cuisine Collective/ Collective kitchen 10-11 Jeu de Poches 1H30	13 Massage 9H00 Essentrics (Éirement/ Stretching) 1H45	14 Haircuts 9H30 Cuisine Collective 10H00 Zoothérapie 10H00 Computer Ordinateur 1h00 Clothing / Vestiaire 1H15	15 Info Juridique 8H30-12H30 Clinic des pieds 9H00 Computer 10H00 Yoga 1H30 Livraison Bonne Boite Bonne Bouffe	16 Info Juridique 8H30-12H30 Service medical 9H00 Computer/Ordi 10H00 Zoothérapie 10H00 HEP C workshop @ 11 Clothing / Vestiaire 1H15	17 Clothing Vestiaire 10H15 Cours d'exercice / Exercise Class 10-12 Country Food/Nourriture Traditionelle (Inuit)*** 10-12 Knitting 1H00-3H00 Mitten project 1H00-3H00	18 Ordi/Computers 10-11H Bingo 1H30
19 Cuisine Collective/ Collective kitchen 10-11 Jeu de Poches 1H30	20 Massage 9H00 Essentrics (Éirement/ Stretching) 1H45 Commander/Order Bonne Boite Bonne Bouffe (see Joy)	21 Cuisine Collective 10H00 Zoothérapie 10H00 Computer / Ordi 1H00 Clothing / Vestiaire 1H15 Commander/Order Bonne Boite Bonne Bouffe (see Joy) avant 13h00	22 Info Juridique 8H30- 12H30 Clinic des pieds /Foot care 9H00 Computers 10H00 Yoga 1H30 Anniversaires / Birthdays	23 Info Juridique 8H30-12H30 Computers / Ordi 10H00 Cuisine Collective 10H00 Zoothérapie 10H00 Clothing / Vestiaire 1H15	24 Clothing / Vestiaire 10H15 Cours d'exercice / Exercise Class 10-12 Country Food/Nourriture Traditionelle (Inuit)*** 10-12 Knitting 1H00-3H00 Mitten project 1H00-3H00	25 Ordi/Computers 10- 11H Bingo 1H30 Special breakfast

CHEZ DORIS AT A GLANCE



19,005 VISITS TO THE DAY SHELTER*

86 FIRST-TIME VISITORS 

 **27,347** MEALS SERVED

 **630** SHOWERS

 **801** FOOD BASKETS DISTRIBUTED

6,482 INFO & REFERRAL CALLS 

905  TIMES SHELTER WAS USED EXTENDED HOURS DURING COLD WEATHER

 **68** INUIT CLIENTS

 **202** MEDICAL VISITS

 **100** FINANCIAL ADMINISTRATION IN THE PROGRAM

649 

TAX DECLARATIONS COMPLETED FOR **254 WOMEN**

 **130** VISITS WITH A PSYCHIATRIST AND THERAPIST

 **1,555** INSTANCES OF RESPITE BEDS

 **311** LEGAL CLINIC HOURS PROVIDED

 **9** HOMELESS WOMEN PLACED IN FURNISHED APARTMENTS

 **790** TIMES LAPTOPS USED

 **1,938** VISITORS TO THE CLOTHING ROOM

* Chez Doris was closed during 79 days on the weekends in 2014-2015.

PROVIDING ESSENTIAL PROGRAMS

Chez Doris is not simply four walls and a roof, it is a home. It is a safe haven in which the women can rest, have a cup of coffee and share a warm meal. Our “ask no questions” policy ensures that clients have a place where they can feel safe and respected. We proudly offer a variety of activities and services to help women meet their basic needs as they struggle with poverty, homelessness, mental illness and addiction.

DROP-IN PROGRAM

The Chez Doris Drop in Program ensures that every woman that walks through our doors feels safe and welcome.

OBJECTIVES

- To help alleviate loneliness, isolation and depression by encouraging social interaction in a home-like environment
- To create a sense of community and belonging
- To help homeless women feel safe and supported

BENEFITS

Enable the women to have access to essential services in order to address their immediate needs, explore their interests, and encourage their potential through our activities and programs.

RESULTS

- In total we had 18,468 visits in 2014-2015, a decrease from last year due to the weekend closures
- The average age of our clients falls between 35 and 64 accounting for 14,951 visits in the past year
- We received 6,482 phone calls at reception for information and referrals
- There were 1,938 visits to our clothing room
- Our respite beds were used 1,555 times



FINANCIAL ADMINISTRATION PROGRAM

The financial administration program offers financial services and psychosocial support to over 75 women (10 of whom are Inuit). Chez Doris receives the financial aid cheques (disability, welfare, Old Age Pension, etc.) of each participant and an assigned caseworker works with the client to create a monthly budget. Bills, such as rent and utilities, are paid monthly on behalf of the client, as well as public transportation fares and gift cards for supermarkets and other stores (pharmacies, Wal-Mart, Dollarama, etc.). Once the clients' immediate and urgent needs are assessed the remainder of the money is divided up and given out three days a week. It is important to note that this program is on a voluntary basis. In other words, the client comes to us recognizing a need for guidance and support towards financial stability and independence.

In addition to financial support, the financial administration program also offers psychosocial aid. Each caseworker is available to help clients book appointments (medical, legal, etc.) and if needed, can accompany the women to these visits. Caseworkers also help clients fill out various forms, assist with phone calls, help with apartment searches, insure that client's taxes are done, provide active listening and much more.

OBJECTIVES

- To instill a sense of financial security and self-sufficiency
- To improve the economic situation of clients who want help managing their finances
- To provide aid to women from all over Montreal through referrals from CLSCs, social workers, other organisations, etc.
- To stabilize clients' living arrangements
- To decrease the number of homeless women

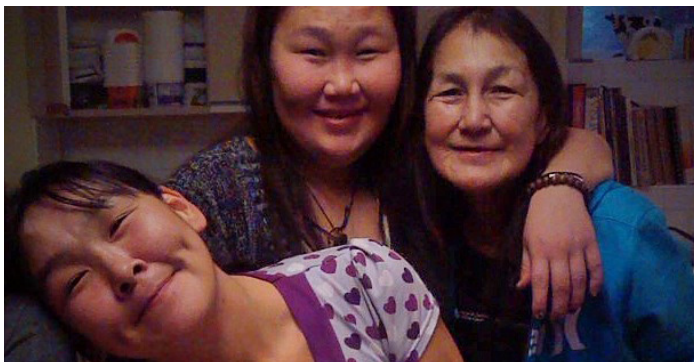


RESULTS

- Over 100 women participated in the program in 2014-2015
- The median age of women using the service is 43
- 75 women are currently registered in the financial administration program, including 19 new clients
- Over 25 women left the program and are now financially independent
- More than 15 women come in once a month for guidance
- 19% of the women administered have opened a savings account at Chez Doris
- 20% are successfully paying off debts
- 90% of the clients administered have a stable living situation
- 6% were helped to get into low-cost housing
- 5 women were assisted to get in and completed a detox program
- 21% of participants had no source of revenue prior to joining the program

SOCIO-RECREATIONAL

Chez Doris organizes educational and social-recreational activities to foster a sense of belonging and community as well as promote a sense of self-worth and pride. As part of this program we received a grant from Emploi Québec which allowed us to hire two full time students to organize daily activities throughout the summer months. In addition, the staff and volunteers worked together throughout the year to organize special activities and to celebrate important events. This program is important because it helps the women come together to learn and to step outside of their daily routine and experience something new and different.



IN COLLABORATION WITH STUDENTS, STAFF AND VOLUNTEERS WE PROVIDED:

57 hours of Zootherapy

Weekly games of Bingo where they can win prizes

Sit down meals and special activities for Good Friday, Mother's Day, Thanksgiving, Christmas, Valentine's Day and International Women's Day

Special outings and in house activities for Black History month

4 days at CCS Camp Kinkora for 20 women

160 participants for Arts and Crafts

790 uses of our computers

Recognition and celebration of National Aboriginal Day

INUIT ASSISTANCE

In 2011 a partnership agreement with Makivik Corporation was signed to support Inuit women who are in a vulnerable situation or homeless in Montreal. The collaboration between Chez Doris and Makivik has made it possible to hire an Inuit caseworker to help meet the basic needs of Inuit women.

Our current Inuit Caseworker, Tina Pisuktie, works alongside the clients as well as the community and provides assistance, advice and support.

OBJECTIVES

- To ensure the access to adequate medical care and social services for Inuit who are either homeless or in difficulty
- To work on the prevention of homelessness
- To increase Inuit women's self-confidence and reduce their tolerance for, and acceptance of, violence in relationships

BENEFITS

- Outreach work to promote and encourage use of the services offered at Chez Doris
- Assistance obtaining identification and vital statistic documents
- Inuit Cultural activities with "country food" and Inuit music
- Encourage communication with clients community and family up North
- Accompaniments to various locations and appointments to overcome language barriers and combat discrimination
- Assistance with the adjustment to living in a larger urban center
- Active listening and referral services
- Visits to Tanguay detention center

RESULTS

- In 2014-2015 2,218 visits were made by Inuit women, accounting for 12% of total visits
- Since August 7 trips have been made to the Tanguay detention center to bring clients clothing and money to buy items at the canteen they otherwise would not have access to
- 68 Inuit women used the Inuit Assistance program, including 26 who were helped to get identification cards and vital statistic documents

NEW AND UPCOMING SERVICES

Inuit women who do not have a fixed address can now receive their mail, including last resort financial assistance, IDs, and mail from family and friends from up North at Chez Doris.



In November an article by La Presse stated that at least 19 of the 147 inmates at Tanguay Women's Detention Centre were from Nunavik. These women are at risk of being homeless if not provided with support services upon their release. Consequently, Makivik Corporation, the Tanguay Detention Centre and Chez Doris will be implementing a program to assist those being detained. The Inuit Caseworker will meet with detainees throughout their sentences and work on creating plans of action to make sure they are assisted to either return up north or to secure an income and housing in Montreal.

COMMUNITY INVOLVEMENT (COMMITTEES):

Aboriginal Homlessness Committee, NETWORK

Out of place in Nunaliijuaq: effecting social change with Montreal Inuit through Participatory Action Research – Community Advisory Board

Comité de pertinence : Mieux connaître les parcours des femmes en situation d'itinérance pour mieux agir

Safety and well being committee for Cabot Square and surrounding area

“

I have been seeing Dr. Paraskevopoulos since she started; she has followed me and referred me for a lot of tests. Other doctors that I have had never went through all of the tests she has done. She takes the time to talk and goes over any issues versus other doctors who brush me off, this is very important to me. On weeks she does not come, she allows me to visit her at the clinic if there are any emergencies.”

– Andrea, 60 years old and
Chez Doris client for 35 years

PHYSICAL AND MENTAL HEALTH

Chez Doris offers a wide range of programs that promote both the mental and physical health of its clientele. As it is for many Quebecers, it is difficult to access our medical system and there is an increasingly long waiting list to get a family doctor.

MEDICAL DOCTOR

The reality is that many of our clients do not have a family doctor nor are they followed by any medical professional. We are happy to announce that as of June 2014 we have a medical doctor who is in house three to four times a month. Dr. Elena Paraskevopoulos donates her time to perform physicals, referrals and medical testing for the women of Chez Doris.

OBJECTIVES

- To facilitate access to medical services
- To promote physical and mental health
- To improve personal care

RESULTS

In 2014-2015 there were a total of 202 medical visits. This is a service that was necessary and greatly appreciated by the women of Chez Doris. The essential service that Dr. Paraskevopoulos provides to each client, helps each woman avoid a long wait in the emergency room, and increases their chance of following up with testing and treatment.

FOOT CARE



With financial support from the Marcelle and Jean Coutu Fondation we offered 116 treatments in our foot care clinic in 2014-2015. Marie Cimon the podiatry nurse visits the center weekly and helps women feel a little lighter on their feet.

BENEFITS

For many of our clients their feet are the main mode of transportation therefore taking proper care of them is essential.

MENTAL HEALTH

In 2014-2015 a total of 130 visits were made to the psychiatrist and therapist. Both of these programs are made possible thanks to the generosity of psychiatrist Dr. Pascale Desrosier and counsellor Pat Hardt. In addition, we have worked in collaboration with the CLSCs Projet Connexion which has opened 28 new files, and 3 nursing students from the Université du Québec en Outaouais to provide information and regular follow-ups.

BENEFITS

Provides clients with on-going psychological support

Allows for follow-ups, including the prescription of and monitoring of medication

Improves client health by reducing stress and promoting a sense of well-being

MEAL PROGRAM

As the price for food items increases exponentially it can be difficult to eat healthy balanced meals while living on a limited budget. At Chez Doris we place an emphasis on healthy living, which includes having access to nutritional meals free of charge. In addition to our efforts, as of April 15, 2015 we will be providing special food bags for seniors. Items will be purchased thanks to a donation from the Father Dowd Foundation and working in collaboration with McGill Dietetics students who will advise what should be purchased.

SERVICES

Provide two nutritional meals a day (breakfast and lunch)

Prepare emergency food baskets for women mid month to help clients stretch their budget as much as possible (based on donations of non-perishable food items)

Animate a collective kitchen activity twice a week in which women get to take home a prepared meal

RESULTS

In 2014-2015 a total of 27,347 meals were served, 10,182 breakfasts and 17,165 lunches

801 emergency food baskets were given out

CLOTHING AND HYGIENE

Although personal hygiene is an essential need many women are forced to go without. At Chez Doris we offer access to clean washrooms as well as place where women can take a warm shower. Thanks to donations we are able to provide clients with towels, shampoo, soap, lotion and hygienic products. In addition, our clothing room allows clients to have access to seasonally appropriate clothing.

RESULTS

1,938 visits were made to the clothing room

630 showers were taken

Over 2,000 hygiene products were given out, including tampons, soaps and shampoo



PERSONAL CARE

At Chez Doris we go beyond helping the clients meet their immediate mental and physical needs, Chez Doris is also a place to go where women can indulge in some pampering. In conjunction with our wonderful volunteers in 2014-2015 we offered spa days, massages, Reiki, haircuts and Psycho-bio-acupressure.

RESULTS

Georgio completed 84 sessions of massage therapy

Betty and Bianca completed 71 sessions of Reiki

23 sessions of Psycho-bio-acupressure were provided

TAXES

Tax season is stressful for everyone; luckily we have an exceptional volunteer that comes in twice a week during the tax season to complete clients taxes free of charge and as needed outside of tax season. This is an amazing service that ensures that clients are up to date and receiving the money and benefits they are entitled to.

RESULTS

254 women's taxes were completed

649 declarations filled out and sent

Completed taxes for previous years, as far back as 2005

INTERNATIONAL WOMEN'S DAY 2015

This year for International Women's Day we offered, for the very first time, complete makeovers. 10 women were transformed with the help of 1Photography and their team of volunteers. The clients were first photographed as a group and individually to have a before picture, then they were whisked off by stylists and hair and makeup artists who prepared them for their after photograph.



LEGAL INFORMATION

We are very grateful for our partnership with the McGill Faculty of Law which provided students to offer legal information and assistance to the clients of Chez Doris. The legal students help clients with legal matters and help with things such as drafting letters to landlords, accompanying them to legal appointments and creating awareness of their rights.

RESULTS

A total of 311 hours were spent working with clients

Over 200 consultations were conducted and over a 100 cases followed

33% of cases were related to issues with apartments (rent, landlord harassment, noise, etc.)



HOUSING PROJECT

From January 12, 2015 to April 28, 2015, Chez Doris ran a pilot program funded by Service Canada to help place homeless women in a permanent residence. Three caseworkers provided support throughout the entire process. They coordinated the purchase of furniture and household supplies, helped obtain ID and Medicare cards, and when necessary, introduced the women to the Cheque Administration Program.

RESULTS

9 women have found a place to call home as of March 30th

252 hours spent actively looking for potential apartments

\$6,615.33 spent on furniture so that the women can truly feel at home

\$839.03 spent on moving fees to ensure an easy transition

KNITTING & SEWING

On Friday afternoons our arts and crafts room is overtaken by our knitting circle, led by our outstanding volunteer Tina Chamandy. Tina works with the women to complete their knitting projects. This program teaches the women a practical skill as well as providing a safe and secure environment in which the women can work together. In addition to working on personal projects this great group of women put together a quilt that was then auctioned at last year's Tea. In the coming year Tina will be spearheading a new project in which she will use old and tattered wool sweaters and transform them into warm and cozy mittens.



OUR STAFF

FULL TIME

Marina Boulos-Winton
Executive Director

Tania Filippone
Assistant Director

Hai Wei Chen
Bookkeeper

Aline Srogosz
Caseworker

Royder Rutihinda
Caseworker

Betty Karounis
Caseworker
Financial Administration Program

Allison Lemieux
Caseworker
Financial Administration Program

Joy Sarpomah
Caseworker
Financial Administration Program

Felicia Katsouros
Caseworker

Melissa Sharp
Caseworker

Tina Pisuktie
Caseworker
Inuit Assistance Program

Emily Boileau
Caseworker
Housing Placement Program

Sherrie Fraser
Caseworker
Housing Placement Program

Angela Héguy-Johnston
Caseworker
Housing Placement Program

Colleen Connors Clark
Housekeeping

Thea Walker
Volunteer Coordinator

PART TIME

Anne Tran
Caseworker weekends

Mariah Singh
Caseworker weekends

Jennifer Jerome
Caseworker weekends

Melissa Simard
Chef
Kitchen staff

Adaya Nyte
Chef
Kitchen staff

Felicia Popi
Kitchen assistant

John Newman
Chef
Kitchen staff weekends

Donna Shivel
Kitchen assistant weekends

Camilya Perry
Chef on call

Alex Oliver
Housekeeping, weekdays

Bruno Ruscitto
Housekeeping weekends

VOLUNTEERS

THANK YOU TO ALL OUR VOLUNTEERS!

Volunteers are essential to the services our day shelter offers, and contributes to activities of the House at different levels. We would like to thank the following volunteers for donating over 2,571 hours of their time.

STUDENT VOLUNTEERS

Centennial High School, Kells Academy, Le Pensionnat du Saint-Nom-de-Marie, Miss Edgar's and Miss Cramp's School, Sacred Heart School, Trafalgar, John Abbott College, Concordia University.

Gillian Bennett • Raymond Brassard • Bianca Caraangelo • Tina Chamandy • Eric Charbonneau • Diana Cedeno • Bruno Delli Colli • Arlene Connors • Stéfany Corey • Carole Croteau • Caroline Croteau • Bizzzy Davis • Pascale Derosiers • Talar Dikijian • Esther Dionne • Hugette Dubé • Ron Durand • Seema Emami • Meg Feeney • Betty Freitas • Kim Fuller • Gail Garceau • Amélie Gaudet • Pat Hardt • Janice Hendrick • Alexa Leon • Sylvia Martin-Laforge • Philippa McIntyre • Odette Nadeau • Peter Newman • Josh Oliel • Anika Ouy • Elena Paraskevopoulos • John Parker • Delphine Paquin • Adalbert Pimentel • Laurie Piréa • Richard Pringle • Kim Reid • Sandra Rizi • Stephan Roberts • Nicky Rolland • Harold Rosenberg • Carole Susan Tait • Christine Sharp • Janet Signorello • Georgio Vaquer • Heather Zimmerman

COMMUNITY PARTNERS

5 Days for the Homeless
Basketeers
Bonne Boite Bonne Bouffe
CLSC Metro
CLSC Projet Connexion
Concordia University
Dawson College
Hockey Helps the Homeless
Home Depot
Humanity First
IGA Alexis Nihon
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Saint-Nom-de-Marie
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Lush
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Moisson Montréal
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Rotary Clubs of Montreal,

Montreal-Westward, and Westmount
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Selwyn House High School
Shoe Box Project
St. John Brébeuf Parish
The Canadian Liver Foundation
The Sacred Heart School of Montreal
The Volunteer Bureau of Montreal
Trafalgar School for Girls
Tutti Frutti

FINANCIAL PARTNERS



HOW YOU CAN HELP

On-line donations are accepted. See "help us" on our web page. As well, we accept donations of publicly-traded stocks. You can also drop-off donations of clothes, food and other items in person at Chez Doris between 8:30 am and 3:00 pm.

- Non-perishable items for food baskets
- Food vouchers
- Pharmacy, movie and coffee shop gift certificates
- Scarves, hats, gloves
- New underwear, socks, slippers
- Toiletries, toothbrushes & toothpaste, hair dye, body lotion, tampons, pads and adult diapers
- Bus tickets
- Fruitcakes, cookies & candies

We are always looking for extra help around the house as well as new interns. If you have time to give, think of Chez Doris.

Please call us or email us at:
volunteer@chezdoris.ca

For more information please call: (514) 937-2341

DONATE ONLINE at www.chezdoris.ca